

Living and Working through a Crisis (or two or three...)

Professional Inspiration for hard days

Nora Diaz (@NoraDiazB), English-Spanish conference interpreter, tips on CAT tools, automating repetitive tasks with AutoHotKey, solid advice for lifelong learning

Corinne McKay (@corinnemckay), French-English translator, generous marketing tips and all-around practical encouragement

Smart Habits for Translators podcast (smarthabitsfortranslators.com), deep dives into habits that make business and life more rewarding

Why Translation Matters, by Edith Grossman, an eloquent reminder about why this job is so absorbing

Coursera (coursera.org), browse the catalog and find something you want to learn

Ideas to make parenting easier

Good Inside (@drbeckyatgoodinside, goodinside.com), less stressful ways to understand and respond to your kids' behavior.

Parenting from the Inside Out, by Daniel Siegel and Mary Hartzell, learn to recognize what sets you off and how to respond so your kids don't stress you out as much. Yeah, this is a whole book, but it's the best one I've read for parents who want to break negative inter-generational habits.

Tools to make work life easier

PerfectIt – 1000% better than the spell checker in Word, customize it for each client (I say that using PerfectIt is like flossing: there's always something there. It is great for catching inconsistencies.) Discount for ATA members!

Genius Scan – PDF scanner app for your phone, removes shadows and crops for perfect results, send files from the app to email, text, WhatsApp, so many options

Good Notes / Noteworthy – note taking apps for tablets that have handwriting recognition (being able to search effortlessly through your handwritten notes is a game-changer)

Second screen on the go – use your tablet as a second screen when you're away from your main desk

Inspiration for getting control of your money

Mr. Money Mustache (mrmoneymustache.com), the name sounds gimmicky, but the advice is rock-solid, this guy is obsessed with helping people buy less stuff and more freedom

Get Smart with Money (2022, Netflix), simple tips for spending less and saving more (choose your needs and loves over your wants and likes)

Zero Waste Chef (@ZeroWasteChef, ZeroWasteChef.com), cool ideas for reducing food waste because it sucks (money out of your wallet)